

ROAD SAFETY HEROES: THE TRAINING MANUAL



Hero's Code

- (A) **Awareness:** Traffic is dangerous and can hurt people.
- (B) **Behaviour:** The special rules we follow to stay safer.
- (C) **Choice:** Making safe decisions and helping others do the same.

The Armour Test: Hard vs. Soft

**CARS = Hard, heavy,
and fast.**

**OUR BODIES =
Soft and easily hurt.**

VS

POW!

**We must use our brains
as forcefields to protect
our soft bodies!**

**The
Threat**

**The
Hero**

HERO MISSION STEP 1: THINK!



Activate Super-Sight: Find the absolute safest place to cross the road.



Underpasses & Footbridges

This panel features a green background with a yellow and black hazard stripe at the top. It includes a small 'SMALL GREEN' logo and a shield icon. The central image shows a superhero character in a green suit walking through a tunnel. The text 'Underpasses & Footbridges' is written in white.

Lollipop People (Crossing Patrols)

This panel has a green background with a yellow and black hazard stripe at the top, a 'SMALL GREEN' logo, and a shield icon. It shows a crossing patrol in a yellow uniform holding a red stop sign. The text 'Lollipop People (Crossing Patrols)' is in white.

Traffic Light Crossings (Wait for the Green Man!)

This panel has a green background with a yellow and black hazard stripe at the top, a 'SMALL GREEN' logo, and a shield icon. It depicts a traffic light with the green pedestrian symbol lit. The text 'Traffic Light Crossings (Wait for the Green Man!)' is in white.

POWER LOADING... 20%



HERO MISSION STEP 2: STOP

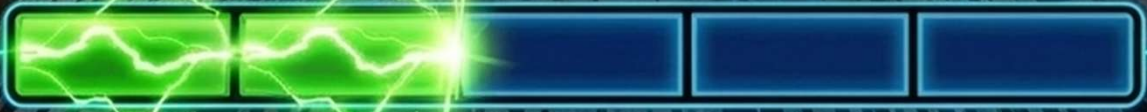


Stand your ground: Stop just before you get to the kerb. Leave plenty of space between you and the traffic.

Deploy Forcefield: Always hold a grown-up's hand (or buggy) when near the road. Never let go!



FORCEFIELD ACTIVATED... 40%



HERO MISSION STEP 3: LOOK & LISTEN



SUPER SIGHT: Take a really good look all around you. Look right, look left, and check right again.



SUPER HEARING: Traffic can be sneaky! Use your ears to detect vehicles that are hidden around corners before you can even see them.

SENSORS ONLINE... 60%



The Threat



The Hero



HERO MISSION STEP 4: WAIT

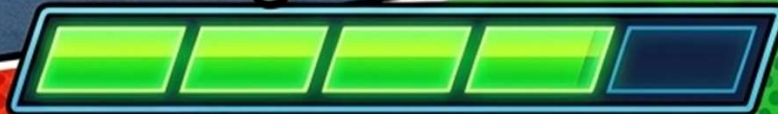


• **Super Patience:** If traffic is coming, let it pass.



• **Stay Alert:** Even heroes have to wait their turn. Never try to beat a car across the road.

Holding Position... 80%



HERO MISSION STEP 5: THINK AGAIN & CROSS



The Straight Path: When →
it is finally safe, walk straight
across to the other side.

Keep Scanning: Keep 👁️👂
looking and listening the
entire time you are crossing.

Hero Rule: NEVER RUN! 💎
Heroes walk with purpose.



HERO POWER 100% - SAFE CROSSING!

Hero Gadgets: Be Bright, Be Seen



FLUORESCENT.
Wear neon, bright, and
brash colours in the
daytime to stand out!



REFLECTIVE.
Equip silver, glowing
gear at night. It bounces
car headlights right back
so drivers can see you!



THE BLUE LIGHT PROTOCOL

NEE-NAW!



NEE-NAW!

Urgent Briefing

- ! **Fellow Heroes Approaching:** Police cars, Fire Engines, and Ambulances are on their way to save the day.
- ! **Your Mission:** If you see flashing blue lights or hear a siren, immediately step back from the kerb.
- ! **Stay Safe:** Give them plenty of space to pass safely.

MISSION ACCOMPLISHED: YOU ARE A ROAD SAFETY HERO!

HERO CHECKLIST:

- Remember your ABCs!
- Always hold a grown-up's hand!
- Use the 5-Step Green Cross Code!

FINAL BRIEFING:

Staying safe on the roads keeps us healthy, active, and ready for our next big adventure. Now get out there and be brilliant!